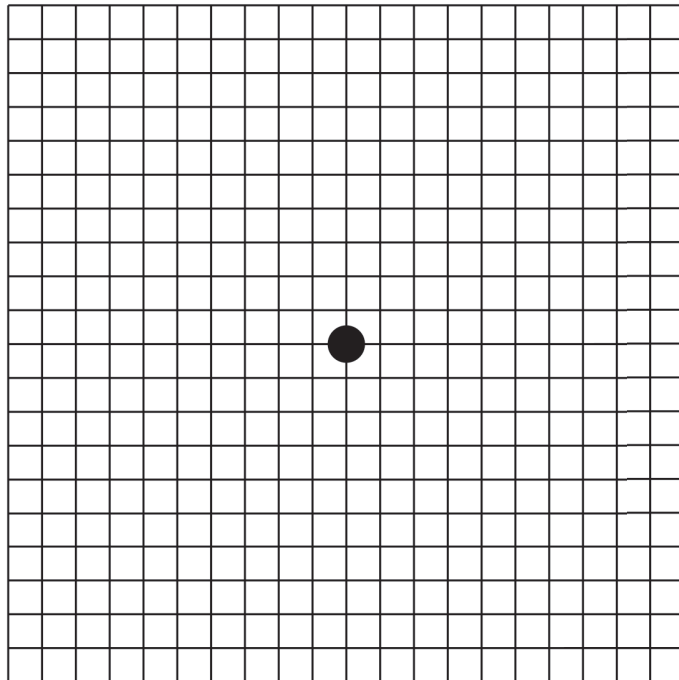


How to check your vision

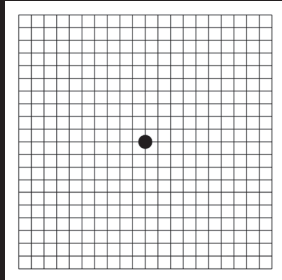
1. If you normally wear glasses, keep them on while looking at the grid.
2. Cover one eye to check the other's vision.
3. Hold the grid at a normal reading distance - about 35cm / 14 inches away.
4. Look directly at the dot in the center of the grid.
5. Repeat steps 1-4 to check the other eye.

Call your doctor if you notice blurry or wavy lines and dark or blank spots.

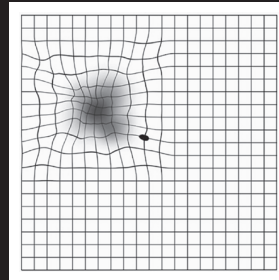


What is an Amsler Grid?

One way to help monitor the changes to your vision is by using the Amsler Grid and keeping track of your symptoms in a journal. It is important to check vision in both the eye affected with wet age-related macular degeneration (AMD) and the healthy one.



For someone with clear vision, the Amsler Grid looks like graph paper, with dark lines that form a square and a black dot at its center.



For people with wet AMD, the grid may appear to have wavy, broken, or distorted lines and/or dark, blurry areas, especially in the center of the vision.

Be sure to write down any changes and tell your doctor about worsening or improved vision. Your doctor may perform other vision tests to monitor your progress.